

You know when...



You keep tabs on her without her knowledge



You're often on the verge of blowing up



At home, your family is afraid of you



You lose control when you're hurt



She doesn't understand it's her fault



You think that you can't live without her

Sound familiar?

Call 1218, the anonymous men's help line at the Ministry of Welfare

Want a better understanding? msf-global.org



פורום מיכל סלה

Michal Sela Forum